A Selection of Spiritual Awakening Books

1) Who Am I? The Teachings of Bhagavan Sri Ramana Maharshi Goodreads 4.59 of 2635; Year: 2008

2) Be Here Now, Ram Dass Goodreads 4.34 of 42893; Year: 1971

3) The Four Agreements, Don Miguel Ruiz Goodreads 4.19 of 504377; Year: 1997

4) I Am That: Talks with Sri Nisargadatta Maharaj Goodreads 4.42 of 6920; Year: 1973

5) Peace is Every Step, Thich Nhat Hanh Goodreads 4.30 of 46375; Year: 1992

6) When Things Fall Apart: Heart Advice for Difficult Times, Pema Chödrön Goodreads 4.27 of 63176; Year: 1996

7) The Power of Now, Eckhart Tolle Goodreads 4.15 of 440522; Year: 1997

8) Autobiography of a Yogi, Paramahansa Yogananda Goodreads 4.25 of 72514; Year: 1946

9) The Untethered Soul, Michael Alan Singer Goodreads 4.21 of 139524; Year: 2007

10) Being Aware of Being Aware, Rupert Spira Goodreads 4.42 of 2948; Year: 2013

11) A Return to Love, Marianne Williamson Goodreads 4.25 of 37453; Year: 1992

12) Becoming Supernatural, Joe Dispenza Goodreads 4.25 of 24612; Year: 2017

13) Freedom from the Known, Jiddu Krishnamurti Goodreads 4.29 of 11922; Year: 1969

14) A Course in Miracles: Combined Volume, Foundation for Inner Peace Goodreads 4.19 of 33718; Year: 1976

15) The Wisdom of Insecurity, Allan Watts Goodreads 4.15 of 28039; Year: 1951

16) Be As You Are, Sri Ramana Maharshi Goodreads 4.27 of 2860; Year: 1985

The presentation order is just a reading sequence suggestion. Goodreads = grade and ratings per book from https://www.goodreads.com/ accessed on Nov 07, 2025